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2026 RETURNS

Can I deduct my home internet?
Yes, the business part

Self-employed and single-member LLC owners deduct the business-use share on Schedule C.

EXAMPLE	SCHEDULE C
Monthly internet bill Shared household connection	$80
Yearly cost 12 months of bills	$960
Business use you can document Time, users or a usage log	40%
Deduction for the year Business-only plan? The whole bill	$384

WHO CAN CLAIM IT	2026
Self-employed, freelancer, SMLLC Business share, personal part out	Yes
W-2 employee, federal return Unreimbursed work expenses	No
NY itemizer on Form IT-196 Only above 2% of income	Maybe
NJ employee business expenses Not allowed on the NJ-1040	No

FOUR STEPS TO A PERCENTAGE THAT HOLDS UP

1
Pick a method
Hours, users or devices. Keep it reasonable.

2
Log a few weeks
Typical weeks, then apply it to the year.

3
Keep the proof
Bills, the log and how you got the number.

4
Stay consistent
Same method each year. Simplified home office? See the post.

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General information, not tax advice. Facts checked Nov. 8, 2026.